

How much Cruelty can you Swallow?

We began our campaign in 2006, writing letters, making calls and begging people to think about their menus and the suffering of the birds. Not much has changed, except we now have a few meaningful successes under our belt, in that several world class and well known establishments have chosen to make positive changes after learning the truth. Ultimately it is the public who will make changes, by not ordering foie gras, by letting venues know they are unhappy to see it on the menu or shelves.

[OUR NEW LEAFLET.](#)

Imagine you've just eaten an enormous lunch. So enormous that you can hardly move. In fact, you are finding it difficult to breathe. You feel bloated, swollen and in agony. "Why did I do it?, you ask yourself. "Never again!" Now imagine you didn't have the choice. What if, like the non migratory birds (who therefore do not usually gorge to carbo load for flight) used to produce foie gras, you are caged so you cannot move, you were forced to repeat the process time and time again? What if, for the 8 to 12 days, at regular - all too short - intervals, somebody pushed a rigid metal tube down your throat and filled your stomach with food. The pain, discomfort and utter misery you would feel can only be imagined.

[The Foie Gras Industry funds 'scientific research' to defend gavage](#)



Foie Gras is not only about pitying the millions of birds who suffer and die, many from suffocation and lacerations of the throat or suffocation, before slaughter. It is also about having our own dignity, recognizing the dignity, sentience and the right to live their own lives of other beings and also being conscious of the terrible human cost that is part of the price paid when making, buying or eating Foie Gras.

TAKE THE PLEDGE! DOWNLOAD YOUR PLEDGE FORM <files/nofoiegras-pledge.doc>

For example, one bird is forced to consume between 160 and 210 kgs of corn mush in only three weeks. This is the equivalent of a 68kg human consuming roughly 27kgs of oiled pasta daily, or 54 boxes of pasta a day. (Ref: USA Animal Protection & Rescue League) Sound absurd? But this is precisely what happens. The issue of Foie Gras is not to the exclusion of others, such as circus animals, factory farms, puppy mills, the homeless or disenfranchised, AIDS or anything else, it simply that Foie Gras defines the worst excesses

of human greed and self indulgence of the few for fleeting taste, regardless who may suffer.

40 million birds suffer and die annually on Foie Gras farms. Can you imagine how many starving humans could be fed with more than 840 million kgs of food that is currently diverted for the FG industry each year?

For many reasons, we should refrain from importing, buying, supplying and eating this socially irresponsible and cruel product.

The Foie Gras Assembly Line <http://www.youtube.com/watch?v=8IWN8UGDyCQ>

96 FAQ'S for the reasons behind animal rights vs animal welfare can be found here www.animal-rights.net/ar-faq

Foie Gras production in Belgium <http://www.youtube.com/watch?v=0C0QgfJ484I>

*The thinking man must oppose all cruel customs no matter how deeply rooted in tradition and surrounded by a halo. When we have a choice, we must avoid bringing torment and injury into the life of another, even the lowliest creature; to do so is to renounce our manhood and shoulder a guilt which nothing justifies. **Albert Schweitzer***

Please feel free to contact us for more information, comments or suggestions.

NO FOIE GRAS SA

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